

# Objectives of Optimal Management

## BEHAVIORAL CHANGES



**EXERCISE**



**ALCOHOL**



**SMOKING**



**SLEEP**



**WEIGHT LOSS**



### PROVIDER

EDUCATION TO  
IMPROVE AWARENESS  
EARLY TREATMENT OF AF  
RATE AND RHYTHM CONTROL  
STROKE PREVENTION



### PATIENT

EARLY DETECTION  
AND RECOGNITION  
ACCESS TO CARE  
SYMPTOM MANAGEMENT  
RISK MITIGATION



### INSTITUTION

EDUCATION FOR PATIENTS  
AND PHYSICIANS  
AF CARE PATHWAYS WITH  
QUALITY CONTROL  
ADHERENCE TO GUIDELINE  
SPECIFIC MANAGEMENT  
MULTISPECIALTY CARE AND  
APPROACHES FOR STROKE AND  
HEART FAILURE REDUCTION