

Comorbid (Driver) Condition	Means of Assessment (in addition to clinical exam)	Resources for Management*
Cardiovascular		American College of Cardiology
Hypertension	Blood pressure measurement, blood chemistry profile, urinalysis	American College of Physicians American Heart Association American Society for Preventive Cardiology
Heart failure	Transthoracic echocardiogram	European Atherosclerosis Society European Primary Care Cardiovascular Society
Cardiomyopathy	Transthoracic echocardiogram	European Society of Cardiology
Valvular heart disease	Transthoracic echocardiogram	European Society of Hypertension
Pericardial disease	Transthoracic echocardiogram	Heart Failure Society of America Heart Rhythm Society
Hyperlipidemia	Lipid profile	International Society of Hypertension
Ischemic heart disease	Transthoracic echocardiogram, exercise tolerance test	Veteran Affairs/Department of Defense
Diabetes	Blood glucose, A1C	American Association of Clinical Endocrinology American Diabetes Association American Heart Association Endocrine Society European Association for the Study of Diabetes Veteran Affairs/Department of Defense

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Sleep apnea	Sleep study	American Academy of Sleep Medicine American Thoracic Society European Respiratory Society Veteran Affairs/Department of Defense
Alcohol use	History from patient	Agency for Healthcare Research and Quality Centers for Disease Control and Prevention – Alcohol and Public Health National Institute on Alcohol Abuse and Alcoholism Substance Abuse and Mental Health Services Administration US Preventive Services Task Force
Tobacco use	History from patient	Agency for Healthcare Research and Quality American Thoracic Society Centers for Disease Control and Prevention – Office on Smoking and Health (OSH) European Network for Smoking and Tobacco Prevention US Preventive Services Task Force

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Obesity/nutrition	Weight, body mass index	American Association of Clinical Endocrinology American College of Cardiology American Diabetes Association American Gastroenterological Association American Heart Association European Association for the Study of Obesity Endocrine Society European Society of Endocrinology US Preventive Services Taskforce Veteran Affairs/Department of Defense World Gastroenterology Organization
Exercise/physical conditioning	Exercise study, N-terminal pro b-type natriuretic peptide, brain natriuretic peptide	American College of Sports Medicine Centers for Disease Control and Prevention – Physical Activity US Preventive Services Task Force
Stress management	History from patient	Centers for Disease Control and Prevention – Mental Health US Preventive Services Task Force

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Thyroid disease	Thyroid-stimulating hormone	American Association of Clinical Endocrinology American Thyroid Association British Thyroid Association European Thyroid Association

Table 6.1 Driver conditions, means of assessment, and management resources.

*Direct links are to main page for the guidelines/clinical documents, not to the actual guidelines.