Comorbid (Driver) Condition	Representative Examples of Resources for Patient Education
Cardiovascular	American Heart Association
Hypertension	American Heart Association
Heart failure	American Heart Association
Cardiomyopathy	American Heart Association
Valvular heart disease	American Heart Association
Pericardial disease	American Heart Association
Hyperlipidemia	American Heart Association
Ischemic heart disease	American Heart Association
Diabetes	American Heart Association
Sleep apnea	American Thoracic Society
Alcohol use	Substance Abuse and
	Mental Health Services Administration
Tobacco use	Centers for Disease Control and Prevention
Obesity	Centers for Disease Control and Prevention
Poor physical conditioning	MedLine Plus
Emotional stress	Centers for Disease Control and Prevention
Thyroid disease	American Thyroid Association

Table 8.2 Patient-facing education on key driver conditions.